

## **2019-2020 STUDENT ACTIVITIES**

**AFRICAN AMERICAN HISTORY CLUB** Sponsor: Mr. Trevor Reeh – The purpose of the African American History Club is to help students of all races celebrate, embrace, and expand their knowledge of African American history and culture. Our goal is to provide social support while fostering student development and success through cultural awareness. Each meeting provides students with a safe place to talk about and share personal experiences and questions they may have about African American history as well as address and discuss cultural and social issues surrounding African Americans in our country. The club is open to all WHS students who are interested in learning more about the history, traditions and customs of African Americans.

**BAND** Sponsor: Mr. Tommy Krueger – This activity is included in our regular curriculum. Extensions of this activity include Marching Band, Ensembles, Pep Band and Concert Jazz Band. Performances, presentations, and programs are presented throughout the school year.

**BETA CLUB** Sponsor: Ms. Kathy Toner – Open to students with a GPA of 3.25 or higher who want to participate in service projects in the community.

**B.I.O.N.I.C. Club** Sponsor: Ms. Lauri Cunningham – B.I.O.N.I.C stands for Believe It Or Not, I Care! The B.I.O.N.I.C Team will help fellow students, families and staff through challenging times. Our goals are to help new students feel welcome. To reach out to hospitalized students. To reach out to students with extended illness/health conditions. To reach out to students and their families, and staff that experience the death of a family member. To prevent bullying. Come and join this National Organization!

**CHEERLEADERS** Sponsors: Ms. Erin Conner  
Ms. Amanda Knight Ms. Brianna Valenzuela

\*Tryouts for these spirit groups are held each spring.

**CIRCLE OF FRIENDS** Sponsors: Ms. Katie Healey and Ms. Erin Strasil Larson – A group of peer mentors who interact and are trained as social role models for students who are socially challenged (ex: invite students to lunch, talk in the hallways, etc.) Peer model training every other week while meeting with focus students and peer models occur weekly. The group may attend school events & community outings throughout the year. Service learning hours are able to be earned.

**CLASS OFFICERS** Sponsors: JR. CLASS - Ms. Erika Codina SR. CLASS - Mr. Ben Baber – Voting and selection of junior and senior class officers for the following year are held each Spring. Students interested in being a class officer will need to secure support, be willing to make a presentation to their class, and serve their class in an office capacity for the following year.

**COLOR GUARD** Sponsor: Mr. Tim Rischling – Competitive marching flag corps that performs with the band.

**COMPETITIVE ATHLETICS** Sponsor: Mr. Tom Kerkman – Westside High School offers to students the opportunity to try out and participate in 19 varsity sports. A minimum of forty-seven different competitive teams is available for our students. The seasons when these are offered and the procedures for getting involved can be found in the Warrior Bulletin that is published and distributed in August, prior to the opening of school.

**CYCLING CLUB** Sponsors: Mr. Nathan Moseley – For those interested in maintaining physical fitness while becoming a faster cyclist in road or mountain biking. There will be regular rides.

**DECA (An Association of Marketing Students)** Sponsors: Ms. Kalen Carlson – This organization is an extension of the Marketing Education class. Membership is offered to those students involved in M.E.C. This activity will develop leadership in the area of marketing and management. The club for the current year is formulated at the beginning of school in the fall.

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**DEBATE** Sponsor: Mr. Brad Meurrens – A communications activity that exposes students to a variety of ideas and asks them to take sides for competitive argument. Three kinds of debate are offered for all different types of thinkers and schedules. Season begins in September and lasts for most of the school year. Tournaments are local as well as involving travel around the country. If you have something to say and need a place to say it – find debate and your voice.

**ED RISING** Sponsor: Ms. Beth Cosentino & Ms. Lisa Hatch – Ed Rising is for students that are interested in exploring teaching as a career. We will focus on community service projects related to children and families.

**FASHION CLUB** Sponsor: Ms. Mary Jo Losen-Greenup – A student organization for students interested in fashion. Students will help with the spring Art and Fashion show.

**FBLA (Future Business Leaders of America)** Sponsor: Ms. Lisa Admire – An association of students who are interested in careers in business related fields.

**FRENCH CLUB** Sponsors: Ms. Anne Johnson – Designed to foster social and cultural activities related to the French-speaking world.

**GENDER SEXUALITY ALLIANCE (GSA)** Sponsor: Ms. Liz Hough – Provides a safe environment for lesbian, gay, bisexual, transgender, straight, and questioning youth to meet, socialize, and support one another. The club encourages a friendly, tolerant atmosphere for students of all sexual orientations.

**GERMAN CLUB** Sponsors: Ms. Melissa Roth and Ms. Amber Hollenbeck – Designed to foster social and cultural activities related to the German-speaking world.

**HARVARD MODEL CONGRESS** Sponsor: - Mr. Jon Preister – Harvard Model Congress is an activity managed by Harvard students where high school students from around the country participate in a mock congress. There are 5 Harvard Model Congress locations, the congress Westside's team will go to will be in Boston, February 20-23. Before the congress you will be given an assignment, we will also be given a topic preference form on topics like Armed Services, Ethics, Financial Services and others to prepare the team for the congress. This will be an opportunity for students to learn more about politics and government.

**HOSA (HEALTH OCCUPATIONS STUDENT ASSOCIATION)** Sponsor: – HOSA is the Health Occupations Student Association and it is a national pipeline for students entering the health science industry. It provides opportunities in personal growth, career exploration, hands on skill development, and community service.

**INTERACTIVE GAMES** Sponsors: Mr. Steven Emmerich and Ms. Karen Anderson – The purpose of the Interactive Games club is to provide students with a forum to improve their critical thinking, problem-solving and social skills by playing games. The club focuses on board games that involve strategy, collectible and other card games, video games and role-playing games. Club meetings will focus on trying out games that students may not have experience with, playing favorite games, and possibly developing games of their own. Interactive Games is designed to offer students a safe environment to try and enjoy games.

**INTERNATIONAL THESPIAN SOCIETY** Sponsor: Mr. Jeremy Stoll – This nationally-known honor society recognizes student achievement and participation in theater. Students must meet induction requirements by performing quality work in theater and relating disciplines. Open to students in grades 9-12. This organization promotes theater participation and strengthens the school plays by providing support.

**INTRAMURALS** Sponsor: Mr. Tom Kerkman – At the present time, basketball is offered during the winter season. Announcements are made so teams can organize prior to the beginning of the season.

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**JUNIOR CLASSICAL LEAGUE** Sponsors: Ms. Carolyn Harvey – This is a club designed for those students who are taking Latin as a foreign language. This club participates in competitive situations between schools and is involved with state competition as well. Membership begins in the fall of each school year.

**KEY CLUB** Sponsor: Ms. – This club is for any student interested in volunteer service. A variety of service opportunities are offered monthly, along with social activities and bimonthly meetings beginning in the fall of each school year. The club is affiliated with Kiwanis International.

**LOUDER THAN A BOMB CLUB** Sponsors: Ms. Carolyn Harvey – This club offers students a chance to write and share their own original poetry while preparing to compete in a city-wide competition. The club meets once a week year round. Anyone interesting in writing poetry or learning more about poetry slams should join the club!

**MEDICAL CLUB** Sponsors: Ms. Melanie Essink – Medical Club is designed to give students who would like to learn more about healthcare related fields an opportunity to explore their interests. Students who participate in this club have the opportunity to learn from guest speakers, student-led activities, and field trip experiences.

Medical Club sponsors a Red Cross Blood Drive for eligible Westside students and staff each semester.

**MOCK TRIAL** Sponsor: Mr. David Bywater – Students are able to develop the leadership, civility, and effective advocacy skills necessary to confidently proceed in trial.

**MU ALPHA THETA** Sponsor: Ms. Angela Mosier – A mathematics honor society in which all active members are required to have completed Algebra and Geometry. To be considered for active membership, a minimum of a “B” average must be maintained in mathematics courses. The purpose of Mu Alpha Theta is to celebrate mathematics through school-wide events such as speakers, competitions, and Pi Day activities.

**NATIONAL ARTHONOR SOCIETY** Sponsor: Ms. Liz Hough – NAHS recognizes and inspires students to attain high standards in the area of art. Students will be involved in community and charity art projects, visiting artist and art studios, connecting art to other subject areas at WHS, helping put on an art show, and increasing their own artistic skills. NAHS members will be eligible for scholarship opportunities. See your art teacher for a recommendation.

**NATIONAL HONOR SOCIETY** Sponsor: Ms. Char Weyler – Westside’s National Honor Society is a chapter of the national organization and is bound by its rules and regulations. Juniors and seniors who have a mark point average of 6.40, have passed all minimum competencies and have no “Incompletes” on their records are eligible for induction into the Society. Selection further depends on consideration of character, leadership, and service. Staff members are given National Honor Society definitions of “character” and “leadership” and are asked to give specific evidence of how any eligible student has not demonstrated these qualities. In addition, students are asked to complete a Student Activity/Service Information Form. School activities/service and community service are recorded by the student and rated by the appropriate sponsor. A total of fifteen points on this form is required for induction. A faculty committee will review each student’s qualifications and recommend accordingly.

**NEBRASKA SCHOOL ACTIVITIES ASSOCIATION (NSAA)** – Students can compete throughout the state in the following activities: Athletics, Debate, Journalism, Music (band, orchestra, vocal), Play Production, and Speech. State guidelines need to be followed when participating in these NSAA activities.

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**NEXT CHAPTER BOOK CLUB (NCBC)** Sponsor: Mr. Chase Bauers – This unique, grant-funded program is a community-based book club provided in collaboration with the Ollie Webb Center. NCBC provides students with special needs and all reading level abilities the opportunity to read, discuss books and socialize while participating in an age-appropriate activity. The NCBC focuses on three major components: Community Inclusion, Social Connectedness and Literacy.

**ORCHESTRA** Sponsor: Mr. Lanny Stutheit – This activity is an extension of our regular curriculum. Performances are given periodically throughout the year. Tryouts are held for some special groups within the orchestra. All students signed up for that class have the opportunity to try out.

**OUTDOOR EDUCATION** Sponsor: Ms. Trudi Nolin – High school students serve as camp counselors and leaders for the elementary school Outdoor Education Program. Students may apply to be counselors prior to the Fall Outdoor Ed Program. Counselors are chosen on the basis of character, responsibility, and academic standing.

**PROJECT UNIFY** Sponsor: Mr. Chase Bauers and Ms. Megan Riege – Project Unify is an extension of Special Olympics, however it is not focused on the athletic events. It is student-led and provides opportunities for positive social interactions. Some club meetings are in school and some are away from the school.

**QUIZ BOWL** Sponsor: Ms. Holly Weeks and Mr. Jon Allemang – Participate in academic competitions open to all students. Competitors will be determined through performances during practices.

**REDSHIELD** Sponsor: Mr. Tom Kerkman – Student body that supports Varsity athletic events through appropriate sportsmanship.

**ROBOTICS** Sponsors: Mr. David Shabram – Students gain experience in designing and building robotics. Students will also participate in robotic competitions.

**SCIENCE, ENGINEERING & TECHNOLOGY** Sponsors: Ms. Judy Stucky and Mr. Ben Powers – This club will give students a better idea of what science, engineering & technology careers are like. Students will participate in Space Day in cooperation with Lockheed Martin and project-based science and engineering activities.

**SERVICE LEARNING COUNCIL** Sponsor: Ms. Ashley Sams – This club provides opportunities to serve the local and national community through service and awareness opportunities within the school, gratifying community outreach events, and an annual Spring Break service trip. Open to all students who want a fun and interesting way to help their community and earn service learning hours.

**SKILLSUSA** Sponsor: Mr. Paul Cross – Students will form small groups to participate in career related demonstrations, presentations, tours and hands-on activities to develop skills in computers, technology, welding, networking, construction, automotive, robotics, CNC, architecture, CAD and drafting. Students will prepare for skill and leadership competitions.

**SOCIEDAD HONORARIA HISPANICA** Sponsor: Ms. Maria Olvera – Promotes and recognizes high achievement in the Spanish language classes and continued interest in Hispanic studies.

**SPANISH CLUB** Sponsor: Ms. Annelise Blessen and Ms. Amanda Freitag – Introduces social and cultural activities related to the Spanish-speaking world.

**SPEECH** Sponsors: Ms. Jen Paskach – A competitive activity in which students prepare and present speeches at weekly contests against schools from around the state. Contests run from November through March at local, district, state and national levels. Members attend weekly meetings and regular practice sessions.

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**STEP TEAM** Sponsor: Ms. Becky Sosalla – Step Team provides school spirit using unique dance routines. They visit elementary schools to teach character education.

**STUDENT COUNCIL** Sponsors: Ms. Kate Groth and Ms. Sara Kleinsasser – Student government which deals with social activities for the student body as well as bringing student concerns to administrators. Members are elected from each class to represent the student body. These elections are held at the same time class officers are elected. Students have an opportunity to submit their names for consideration as an honorary member of the SAB.

**STUDENT MENTORING PROGRAM (SMP)** Sponsor: Mr. Tyler Foster – Designed to stimulate high school students' interest and excitement in engineering, architecture, and related sciences. This is a critical thinking, problem-solving program that engages students to solve real world problems in the community.

**ULTIMATE FRISBEE CLUB** Sponsor: Mr. Tommy Krueger – The Ultimate Frisbee Club is a supportive environment for both new and seasoned Ultimate Frisbee players to scrimmage and develop their Frisbee skills. Members learn various styles of Frisbee throwing and catching, as well as Ultimate Frisbee rules and strategies. They have the opportunity to put these skills to use in games against one another as well as students from other schools.

**UNIFIED SPORTS** Sponsor: Mr. Mark Pokorny – Special Olympics UNIFY is an education and sports-based strategy powered by an engaged youth community that increases athletic and leadership opportunities for students with and without intellectual disabilities while creating communities of acceptance for all. Inclusive sports provide youth with and without intellectual disabilities the opportunity to train and play together as teammates. Students develop exceptional athletic skills while forming friendships, fostering respect for each other and becoming leaders on and off the court. Unified bowling is an NSAA sponsored sport in which WHS will compete against other metro high schools. Students will need to complete the physical and code of conduct process like any other NSAA sanctioned sport.

**VARSITY DANCE** Sponsor: Ms. Lisa Butler – This spirit group works with other spirit squads to promote student spirit activities for each sport season. Selection for the squad is made in the spring of each school year and is open to grades 10-12.

**VOCAL MUSIC** Sponsor: Mr. Doran Johnson – This includes courses offered as part of the curriculum. Classes include Warrior Voices, Chorus, Concert Choir and Show Choir. Membership in these activities is determined by enrollment and tryouts.

**WARRIOR FOOTBALL CLUB** Sponsor: Mr. Brett Froendt – This club encourages and rewards off season strength conditioning training for Warrior football players.

**WARRIOR PLANET** Sponsor: Ms. Marilynn Mendick – It is an environmental club with hopes of improving the environment at Westside High School. Students will also learn more about environmental careers.

**WELCOME TO WESTSIDE CLUB** Sponsors: Ms. Vicki Londer and Ms. Kathy Toner – This is an organization for students who are interested in helping students new to District 66 and to Westside High School. Activities are held which are geared toward helping new students become better acclimated to our school curriculum/activities.

**WESTSIDE BOYS LACROSSE.** Sponsor: Mr. Ted Dondlinger - Westside Lacrosse teaches students the fundamentals as well as strategies of quality collegiate lacrosse programs. Coached by former collegiate lacrosse players, the Westside Lacrosse program is a strong contender in the Nebraska High School Lacrosse Association. Join us in the fastest growing sport in the United States.

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**WESTSIDE FISHING CLUB.** Sponsor: Mr. John Bombac - This club will give students an opportunity to learn more about fishing techniques, strategies and environmental concepts.

**WESTSIDEREPUBLICAN CLUB.** Sponsor: Mr. Brian Nemecek – The Westside Republican Club is a club for students interested in learning about the Republican Party as well as the political process. Club activities include listening to guest speakers, discussion of current events, as well as meeting elected officials. The Westside Republican Club gives Westside students the opportunity to become politically engaged in their community.

**WESTSIDERUGBYFOOTBALLCLUB** Sponsor: Mr. Matt Bova – Westside RFC teaches, plays and appreciates the sport of rugby with an emphasis on sportsmanship. WHS RFC plays under Great Plains Rugby Union.