



Westside High School Counseling Social Emotional Health Resources

Childrens' Behavioral Health 402-955-3900

Child Saving Institute 402-553-6000

Family Enrichment 402-391-2477

Mary Johnson (private practice) 402-917-6191

Couer Group (private practice with psychiatrist in the building) 402-800-2990

Arbor Family Counseling 402-330-0960

Access Nebraska 402-552-6645

Boys Town Hotline 800-448-3000

Answers4families 800-746-8420

United Way hotline 211

PTI Nebraska (Parent Training and Information)

Region IV

NE Childrens' Home Society

VNA

Monroe Meyer Institute Parent Resource Coordinator (Rhonda Haitz is the contact) 402.559.5726

NDHHS Developmental Disabilities (Kathy Arens is the contact) (877)-667-6266

New Leaf Therapy

EPS (Essential Pregnancy Services) they offer counseling, parenting and pregnancy classes and counseling services.

Day Break- Daybreak helps aggressive children, and children with severe behaviors overcome their behavior problems. They offer day treatment program, mental health services, counseling services, and therapy services. Our therapists and counselors serve clients in Papillion, LaVista, Bellevue, and surrounding areas. Papillion 402-932-7788 Omaha 402-614-2242

Omni Behavioral Health has two (2) group living facilities for youth 14-19 years of age who require intensive community based treatments. These facilities are specifically designed to serve a wide variety of youth that present disorders of mood as well as other co-occurring disorders such as substance abuse, chronic physical illness, learning disabilities and problems related to sexual acting out. These highly structured facilities provide monitoring, surveillance and supervision of each youth as they learn more socially adaptive behaviors required for successful community living. Visit: <http://www.omnibehavioralhealth.com/services/youth-residential/> or call 402-520-3924

DHHS Community Support Specialist Work with Community Partners and Agencies to assist with the ACCESS Nebraska process, provide information, and answer questions.

Professional Partners Program (PPP) serves families of children with serious emotional challenges. PPP is a wraparound program that utilizes intensive, therapeutic service coordination, flexible funding and purposeful family-centered practices to increase youth functioning, decrease risk for out-of-home placement and/or multiple system involvement, and to stabilize the family environment. PPP is an evidence-based approach and has existed in Nebraska for over two decades with significance. The service is provided directly by the Regional Health Authorities. 402-444-6573 (Omaha)

KVC Parents and Children Together Program (PACT) Provides in-home services to improve family functioning, parenting skills, and enhance child behavior. Families are matched with a licensed therapist who provides: in-home therapy, crisis intervention 24-hours a day/7 days a week, concrete supports, skill building, and advocacy provided to families at no cost, but there are income guidelines. Visit: <https://nebraska.kvc.org/services/parents-children-together/> or call (402) 880-4926

Capstone Therapy
Lutheran Family Services
Catholic Charities
Jewish Family Services
Journeys
One World

Yourlifeyourvoice <https://www.yourlifeyourvoice.org/Pages/home.aspx>

Crisis Hotline <https://www.crisistextline.org/>

National Suicide Hotline <https://suicidepreventionlifeline.org/>
1-800-273-8255

More Tomorrows: Moretomorrowsne.org

Safe2Help <https://www.safe2helpne.org/>

Trevor Project <https://www.thetrevorproject.org/>

Grief's Journey <https://griefsjourney.org/>

Project Harmony <https://projectharmony.com/>

Nebraska DHHS helpline
https://docs.google.com/document/d/1akvkaxG0j8UeECpYZeV__NbYg58imY0kJFUG6uhgJlg/edit?ts=5f909902

Nebraska Family helpline
<http://dhhs.ne.gov/Pages/Nebraska-Family-Helpline.aspx>

Nebraska Family Collaborative
Therapy Resource Associates
Omaha Integrative Care (holistic approach therapy)
WCA